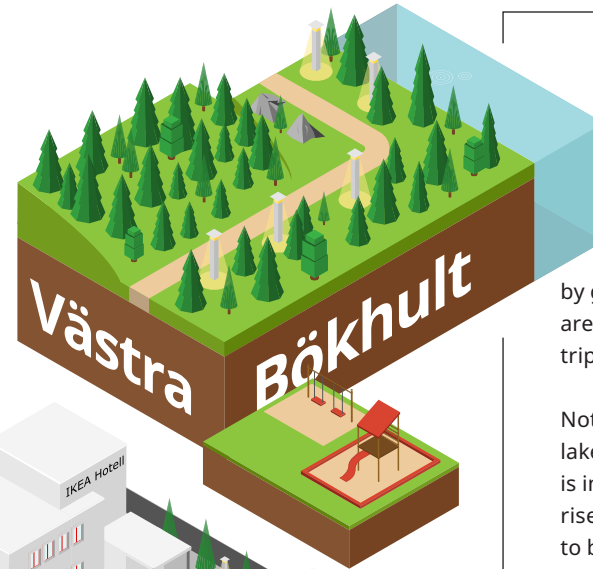
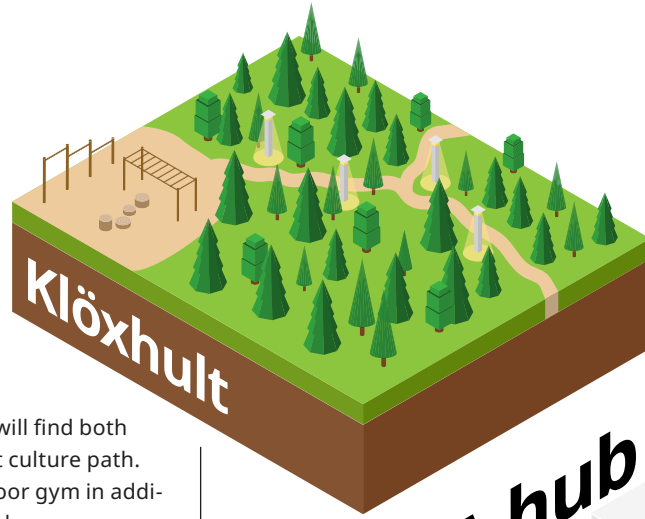


Scan the QR code for directions!



In the scenic Klöxhult area, you will find both jogging tracks and a marked out culture path. For the athlete, there is an outdoor gym in addition to the tracks that will surely leave you sore the day after. Klöxhult is also the headquarters of the orienteering club 'OK Älme' which will guarantee you a lot of small paths for the perfect cross-country running.

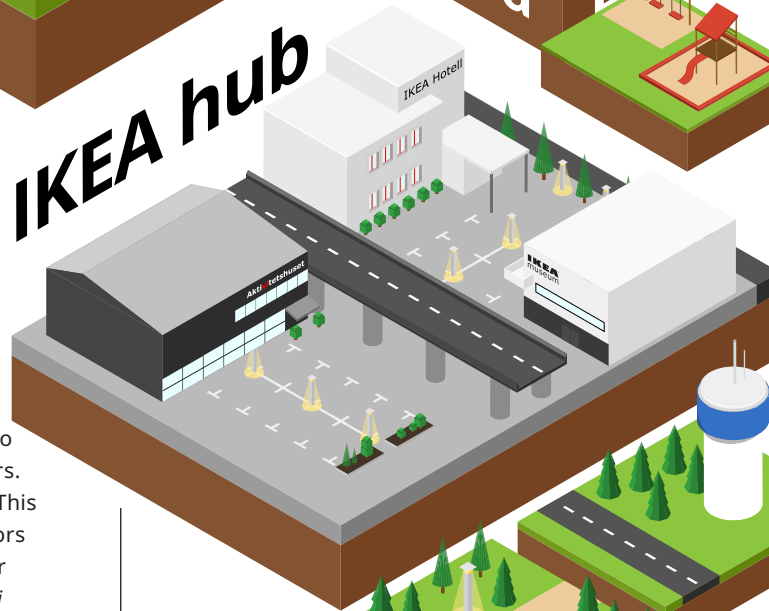


Starting at the big playground in the newly developed Västra Bökhult area, you can find two marked out tracks. The hill close-by gives you the perfect interval training. The area also has great possibilities for a cycling trip.

Not far from Västra Bökhult you can find the lake Möckeln and Sjöstugans camping which is increasingly attractive as the temperature rises. Here you have everything from beaches to beach volleyball and the possibility to rent a canoe.

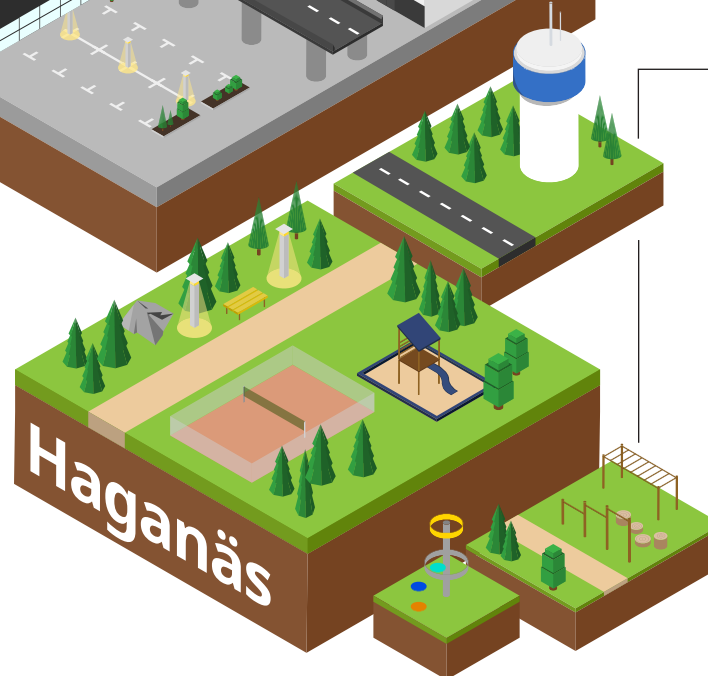


IKEA hub



Aktivitetshuset is in the centre of our IKEA hub in Älmhult. It is also a centre of health and wellbeing – not only for all IKEA co-workers. During 2020, *Aktivitetshuset* will undergo an extensive rebuild. This has resulted in them carrying out popular exercises both outdoors and online. You can stay updated on upcoming activities on their instagram [ikea_aktivitetshuset](#) and Facebook page *Aktivitetshuset i Älmhult*. Their webpage [aktivitetshusetalmhult.se/en/](#) is packed with tips and exercising videos, which can be found under the tab *Training at Aktivitetshuset*.

IKEA Museum is also in the neighbourhood, working actively with telling the story of IKEA and Ingvar Kamprad. If you want to get a breath of fresh air, while enriching your IKEA knowledge, IKEA Museum is offering a *culture walk* during this Spring of 2020. A history tour around the town filled with tales about IKEA and Älmhult – even *IKEA in Älmhult*! Stay updated on their Facebook, Instagram and website for more information.



Haganäsparken offers a smorgasbord of activities. You can enjoy the jogging tracks and the kids can enjoy the adventurous playground area. Or bring a racket for some showdown in the tennis court! There is also a massive disc golf court that you can enjoy together with family and friends. In Haganäsparken you also have the chance to lift logs and pretend you're Tarzan in the outdoor gym.

