

A top-down view of a meal served in a light-colored, textured bowl. The bowl contains a portion of scrambled yellow eggs, a generous amount of fresh red raspberries, and a side of white yogurt topped with sliced almonds. A silver spoon is placed in the bowl, resting on the eggs. The background is a dark, textured surface.

Banana-scrambled eggs

2 egg

1 banana

Salt, peppar

Vanillapowder, cinnamon or cardamom

Mash the banana. Whip the eggs with some salt.

Add any flavor you want for example vanilla powder, cinnamon or cardamom.

Melt some butter or coconut oil in a frying pan.

Add the butter and stir carefully with a spoon or a fork.

Serve with turkish yoghurt, berries and granola.

Perfect as a snack or for breakfast.

Tastes good and keeps you full for a long time