

Team & group activities

Please save the booking form before filling in the details

Contact person

Mobile number

E-mail

Company

Total amount of participants

Activities*

Move & Mind (Monday to Friday)

Play & Connect (Tuesdays, Wednesdays & Thursdays)

Get-to-know-us tour with breakfast (Monday to Friday)

Fix your own leisure activity (Monday to Friday)

Please choose 3 preferred dates

Preferred time for the activity

** Customise your package on the next page*

Aktivitetshuset

Options

Please fill in the following options:

Move & Mind

Sensing Yoga

Functional workout

Soft Functional workout

Fix your own leisure activity

Studio 1

Half Multihallen

Full Multihallen

Food options

Breakfast buffet

Small breakfast

Smoothies

Lunch

Fika

Burger menu (Write how many of each)

High rib burger

Grilloumi burger

Vegan Pea-based burger

Snacks

General comments & special allergies

Or send the form to aktivitetshuset@inter.ikea.com